

Emergency Preparations Supply Checklist and Tips				
Essential Items	Home	Car	Evacuation	Comments/Notes/Tips
Water				
Provide one gallon per person per day (two quarts for drinking, one for food prep, one for sanitation)	X			Fill a clean bath tub with water. This water is to be used for flushing toilet and other non body needs.
Keep about a 3-day supply for each person	X		X	Make sure all water bottles are clean & sterile before filling. Seal tightly. Label each bottle. Do not re-use milk or juice carton. Do not use glass bottles. Always keep drinking water in the car.
Food				
Ready-to-eat canned or dried meat, fruit, vegetables	X		X	A 3-day supply of non-perishable food is recommended. Select foods to minimize preparation, refrigeration, and that require little or no cooking. A propane grill or canned Sterno (matches) may be used to heat food, but it's best to avoid cooking. Keep a can opener for canned goods.
Canned juice, milk, soup, packaged soup and water	X	X	X	Always keep some drinking water in the car.
High energy – granola bars, peanut butter, jelly, crackers, trail mix	X	X	X	Turn temperature in the freezer lower, in case power is lost later.
Staples – salt, pepper, sugar	X			Put bags of ice cube in the refrigerator to keep the temperature down.
Food for , elderly, special needs persons	X	X	X	Discard all protein foods(meat, milk, mayo etc) if the temperature in the refrigerator rises above 40 degrees.
Vitamins	X			Limit the amount of times the refrigerator door is opened.
Comfort foods – instant coffee, tea, snacks, sweetened cereal	X	X		Always keep high energy snacks in the car.
First Aid				
Various adhesive bandages	X			Most of the items on the list are already located in the house.
Two-inch and 4-inch gauze pads	X			A well stocked emergency first aid kit should contain all the items.
Medical (hypoallergenic) tape or any tape in an emergency	X			A plastic shoe box with a snap on lid (or similar container) is ideal for the first aid kit kept in the car.
Moistened towelettes	X	X		
Antiseptic	X			
Sling	X			
Rolled bandages (ace bandages) and safety pins	X			
Medical lubricant	X			
Soap or antibiotic hand gel	X	X		
Latex gloves	X			
Large well stocked first aid kit		X	X	
Salt tablets/Iodine tablets			X	

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Medications/Pharmacy				
All prescription medications	X		X	Keep a copy of all prescriptions in the family document bag. This will make it easier to get refills if you are away from home. This is also true of prescriptions for eyeglasses and contact lenses.
Pain reliever	X			
Antacid	X			
Anti-diarrhea	X			
Laxative	X			
Eyeglasses/Contact Lenses			X	
Dentures			X	
Clothing and Bedding				
Blankets, sleeping bags	X	X	X	Take a three to four day supply of clothing with you, appropriate for the season.
Full change of clothes, underwear	X		X	Make sure that every person has a blanket and pillow or a warm sleeping bag.
Sturdy footwear	X		X	Take a tarp to put on the ground, if that is where you wind up sleeping.
Rain gear and waterproof boots	X		X	A Mylar blanket will ensure extra warmth.
Hat, gloves	X		X	
Eye protection	X			
Tarp			X	
Tools				
Mess kits – paper plates and cups, plastic utensils			X	Again, like the first aid kit, a shoe box or other similar container is ideal for keeping these items together,
Fashlight & extra batteries, LED flashlight with hand crank are particularly helpful	X	X	X	Make sure that a flashlight is kept in the glove compartment of the car.
Battery-operated (or hand cranked) radio and extra batteries	X		X	Each person should have their own flashlight.
Non-electric can opener	X		X	A supply of extra batteries is essential.
Utility knife or multi-purpose tool	X			
Pliers	X			
Tape, duct tape	X		X	
Matches in a waterproof holder	X		X	
Plastic storage containers	X			
Maps	X	X	X	
Pencil and paper	X		X	
Plastic sheeting	X			
Shovel	X	X		
Whistle	X			
Basic car tool kit		X	X	

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Hygiene				
Toilet paper	X		X	Items that do not need water are a great way to have what you need if water is not available.
Towelettes	X	X	X	Hand sanitizer, no water shampoos, wipes, etc are just some of the items available.
Feminine supplies	X		X	
Soap, liquid detergent	X		X	
Plastic bags	X			
Plastic pail	X			
Disinfectant	X		X	
Infants				
Formula	X		X	While most items on the list also apply to infants, it is essential that the special needs of little ones be prepared for ahead of time.
Diapers	X		X	Pack a box with toys, sterile pacifiers, extra bottles & nipples, and wipes to grab if you have to leave.
Bottles/Nipples	X		X	
Medications	X		X	
Pacifiers			X	
Car Seat		X	X	
Pets				
Food			X	If you have to evacuate, remember that most shelters will not allow pets inside.
Water Dish			X	Make sure you have alternative arrangements for your pets.
Pet Carrier			X	
Documents			X	
Medication			X	
Liter Box			X	
Collar and Tags			X	

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Family Documents:				
Cash			X	Traveler checks in small demoninations are a safe way to carry money, but also have cash.
All Family documents			X	If you keep the originals documents in the safe deposit box, or with an attorney, make sure you have copies with you. Keep them handy and in a water proof bag
Will, medical directive, power of attorney	X		X	
Insurance policies	X		X	
Contracts	X		X	
Deeds	X		X	
Estate asset records	X		X	
Credit card numbers	X		X	
Bank account numbers	X		X	
Birth, marriage, death certificates	X		X	
Drivers License	X		X	
Social security card	X		X	
Entertainment:				
				Especially if you have children with you, it is important to have items that will keep them quiet, occupied and comforted. Portable radio, coloring books and crayons, books, electronics are just some suggestions. Don't forget batteries and chargers.
Books	X		X	
Playing cards	X		X	
Board games and	X		X	
Electronic games (with their own batteries & chargers)	X		X	
Small portable TV set	X			